# SABEEN IMRAN AHMAD

## OBJECTIVE

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• To pursue a doctoral degree in the field of Human Resource Management. at a well reputed university.

#### **EXPERIENCE**

 Have 7 years experience in field of Human Resource Management from August 2004 till date.

#### EXPERIENCE DETAILS

- As Faculty member (Lecturer) at the Institute of Administrative Science, University of the Punjab from October 17th 2005 till date. Major assignments are:
  - 1. Providing teaching services to Masters & BS students in various management and HR areas like Strategic Management, Strategic Human resource Management, Fundamentals of Human Resource Management, Industrial Relations & Labor Laws & Principles of Management
  - 2. Successfully coordinated various workshops in the campus including Professional development workshop & Real World Management skills workshop.
  - 3. Working as Program coordinator at the institute and doing administration related to admissions, examinations and students affairs.
- As **HR & Admin Services Executive** from February 15, 2005 till October 16th, 2005 at **Nestle Pakistan Limited.** Major assignments and projects were:
  - 1. Recruitment
    - i. Successfully completed the project on "Recruitment Need Assessment" of the organization
    - ii. Development of Recruitment Ads
    - iii. CV's short listing & Interviewing
    - iv. Refresh Job Descriptions data with emphasis on Job Specifications to target competencies while selection
  - 2. Training & Development
    - i. Coordinated various training programs in the organization conducted by local & foreign trainers
    - ii. Conducted "Employees Survey" in the organization which is an important area of organization development.

# 3. Performance Management

- i. Conducted Performance Appraisal for the company by Developing & Distributing the Performance Appraisal forms.
- ii. Developed SOP's (Standing Operating Procedures) of HR staff, which is a key to check the performance with standards

#### 4. Law & Labor Relations

- i. Carried out a study to overview Industrial Relations prevailing in the organization with major emphasis on the Labor Laws
- ii. Get comprehensive knowledge of trade unions in the organization
- As **Sr. Executive HR** from August 16, 2004 till February 14th, 2005 at **Tapal Tea (Pvt)** limited. Major assignments were:

## 1. Recruitment

- i. Hiring by various means covering Campus recruitment & Advertisements
- ii. Carried out an assortment of tests covering Paper pencil tests, Mental ability tests & Simulations covering case studies
- iii. Experienced one to one as well as panel interviews

## 2. Training & Development

- i. Conducted TNA (training Need Assessment) in the organization
- ii. Coordinated various training programs in the organization.

#### EDUCATION

- 2001-2003 Masters in Public Administration with majors in Human Resource Management from Institute of Administrative Sciences, University of the Punjab, Lahore, Pakistan.
- 1999-2001 Bachelors or Arts with majors in Economics, Lahore College for Women, Lahore.
- 1997-1999 Intermediate with majors in pre medical, Lahore College for Women, Lahore.
- 1997 *Metric* with *Science*, Crescent model higher secondary school, Lahore.

#### SKILLS

- Presentation skills
- Communication skills
- Time Management skills
- Verbal and written skills in English and Urdu

#### COMPUTER SKILLS

MS Word, Excel, Power Point & Out look, Multimedia, Internet

# TRAININGS RECEIVED

- Confident Voice
- Emotional Intelligence
- Presentation Skills
- Strategic Time Management
- Knowing Thyself & Environment
- 7 Habits of Highly Effective People
- Training of lead trainers for local government officials

# VOLUNTEER EXPERIENCE

Participated actively for raising funds for Earth quake Victims

# REFERENCES

Available on request.